

Sunday Readings

1st February 2026

FIRST READING

A reading from the prophet Malachi 3:1-4

Thus says the LORD God: Behold, I send my messenger, and he will prepare the way before me. And the Lord whom you seek will suddenly come to his Temple; and the messenger of the covenant in whom you delight, behold, he is coming, says the LORD of hosts. But who can endure the day of his coming, and who can stand when he appears? For he is like a refiner's fire and like fullers' soap. He will sit as a refiner and purifier of silver, and he will purify the sons of Levi and refine them like gold and silver, and they will bring offerings in righteousness to the LORD. Then the offering of Judah and Jerusalem will be pleasing to the LORD as in the days of old and as in former years.

The word of the Lord. *Thanks be to God.*

Responsorial Psalm

Psalm 23:7-10. R/. v.8.

R/. Who is the king of glory? It is the Lord.

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory! **R/.**

Who is the king of glory?
The Lord, the mighty, the valiant,
the Lord, the valiant in war. **R/.**

O gates, lift high your heads;
grow higher, ancient doors.
Let him enter, the king of glory! **R/.**

Who is he, the king of glory?
He, the Lord of armies,
he is the king of glory. **R/.**

SECOND READING

A reading from the letter to the Hebrews 2:14-18

Since all the children share the same blood and flesh, Christ too shared equally in it, so that by his death he could take away all the power of the devil, who had power over death, and set free all those who had been held in slavery all their lives by the fear of death. For it was not the angels that he took to himself; he took to himself descent from Abraham. It was essential that he should in this way become completely like his brothers so that he could be a compassionate and trustworthy high priest of God's religion, able to atone for human sins. That is, because he has himself been through temptation he is able to help others who are tempted.

The word of the Lord. *Thanks be to God.*

Gospel Acclamation

Lk 2:32

Alleluia, alleluia.

A light for revelation to the Gentiles,
and for glory to your people Israel.
Alleluia.

GOSPEL

Luke 2:22-40

The Lord be with you. *And with your Spirit.*

A reading from the holy Gospel according to Luke.
Glory to you, O Lord.

When the time came for their purification according to the Law of Moses, the parents of Jesus brought him up to Jerusalem to present him to the Lord (as it is written in the Law of the Lord, 'Every male who first opens the womb shall be called holy to the Lord') and to offer a sacrifice according to what is said in the Law of the Lord, 'a pair of turtle-doves, or two young pigeons'.

Now there was a man in Jerusalem, whose name was Simeon, and this man was righteous and devout, waiting for the consolation of Israel, and the Holy Spirit was upon him. And it had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord's Christ. And he came in the Spirit into the Temple, and when the parents brought in the child Jesus, to do for him according to the custom of the Law, he took him up in his arms and blessed God and said,

'Lord, now you are letting your servant depart in peace,
according to your word;
for my eyes have seen your salvation
that you have prepared in the presence of all
peoples,
a light for revelation to the Gentiles,
and for glory to your people Israel.'

And his father and his mother marvelled at what was said about him. And Simeon blessed them and said to Mary his mother, 'Behold, this child is appointed for the fall and rising of many in Israel, and for a sign that is opposed — and a sword will pierce through your own soul also — so that thoughts from many hearts may be revealed.'

And there was a prophetess, Anna, the daughter of Phanuel, of the tribe of Asher. She was advanced in years, having lived with her husband seven years from when she was a virgin, and then as a widow until she was eighty-four. She did not depart from the Temple, worshipping with fasting and prayer night and day. And coming up at that very hour she began to give thanks to God and to speak of him to all who were waiting for the redemption of Jerusalem.

And when they had performed everything according to the Law of the Lord, they returned into Galilee, to their own town of Nazareth. And the child grew and became strong, filled with wisdom. And the favour of God was upon him.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Presentation of the Lord

The Word of God

“My eyes have seen your salvation”

Our lighted candles are a sign of the divine splendour of the one who comes to expel the dark shadows of evil and to make the whole universe radiant with the brilliance of his eternal light. Our candles also show how bright our souls should be when we go to meet Christ.

The Mother of God, the most pure Virgin, carried the true light in her arms and brought him to those who lay in darkness. We too should carry a light for all to see and reflect the radiance of the true light as we hasten to meet him.

The light has come and has shone upon a world enveloped in shadows; the Dayspring from on high has visited us and given light to those who lived in darkness. This, then, is our feast, and we join in procession with lighted candles to reveal the light that has shone upon us and the glory that is yet to come to us through him. So let us hasten all together to meet our God.

The true light has come, the light that enlightens every man who is born into this world. Let all of us, my brethren, be enlightened and made radiant by this light. Let all of us share in its splendour, and be so filled with it that no one remains in the darkness. Let us be shining ourselves as we go together to meet and to receive with the aged Simeon the light whose brilliance is eternal. Rejoicing with Simeon, let us sing a hymn of thanksgiving to God, the Father of the light, who sent the true light to dispel the darkness and to give us all a share in his splendour.

Through Simeon's eyes we too have seen the salvation of God which he prepared for all the nations and revealed as the glory of the new Israel, which is ourselves. As Simeon was released from the bonds of this life when he had seen Christ, so we too were at once freed from our old state of sinfulness.

By faith we too embraced Christ, the salvation of God the Father, as he came to us from Bethlehem. Gentiles before, we have now become the people of God. Our eyes have seen God incarnate, and because we have seen him present among us and have mentally received him into our arms, we are called the new Israel. Never shall we forget this presence; every year we keep a feast in his honour.

An excerpt from a seventh century sermon by St. Sophronius, a simple monk who was chosen to be bishop and Patriarch of Jerusalem in the early 7th century.

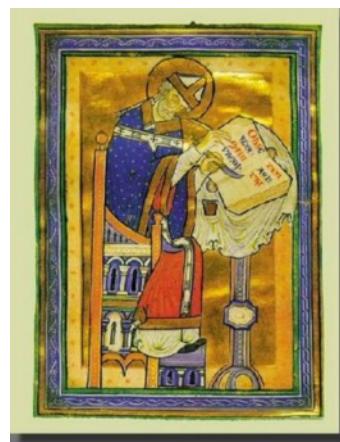
Saints of the Week

Tuesday 3rd February 2026

St Laurence of Canterbury (- 619)

He was one of the original missionaries who came from Rome with St Augustine in 597. He succeeded Augustine as Archbishop of Canterbury in about 604. He died at Canterbury on 3 February 619.

St Dunstan of Canterbury (- 988)



His career began at Glastonbury, where he became abbot in 945. In 960 he became Archbishop of Canterbury, where he remained until his death on 19 May 988. He worked hard for the spiritual and temporal well-being of his people, restoring churches, judging lawsuits, defending the weak and friendless, reforming institutions and even promoting the draining of parts of the Somerset Levels so that they could be used for agriculture. In folklore he figures in many duels with the Devil, which he wins by ingenuity as much as by holiness.

St Theodore of Canterbury (602 - 690)

He was born in Tarsus in about 602. In 667 he was living in Rome, still a layman, when the Pope chose him to be Archbishop of Canterbury. He was ordained priest, consecrated as Archbishop, and arrived in Canterbury in May 669. The English Church at this time was troubled and divided, and he travelled round the country filling vacant bishoprics and promoting peace and unity. He died at Canterbury on 19 September 690.

Prayer of the Week

A Prayer for the end of the day (from Compline)

Save us, Lord, while we are awake;
protect us while we sleep;
that we may keep watch with Christ,
and rest with him in peace.

Amen.